

SPRING 2022 PROVOST'S RETREAT

February 4, 2022
Russell House Ballroom



INTRODUCTIONS

Stephen J. Cutler

Interim Executive Vice President for Academic Affairs and Provost



WELCOMING REMARKS

Harris Pastides

Interim President



UNIVERSITY OF
South Carolina

WELCOMING REMARKS AND ACADEMIC AFFAIRS UPDATE

Stephen J. Cutler

Interim Executive Vice President for Academic Affairs and Provost



FACULTY OPPORTUNITIES

Dr. Cheryl Addy

Vice Provost and Dean of Faculty



UNIVERSITY OF
South Carolina

LEADERSHIP DEVELOPMENT

Pipeline for Academy Leaders Fellowship Program

Five Core Competencies

- Leading Change
- Leading People
- Managing for Results
- Institutional Knowledge and Understanding
- Building Effective Relationships

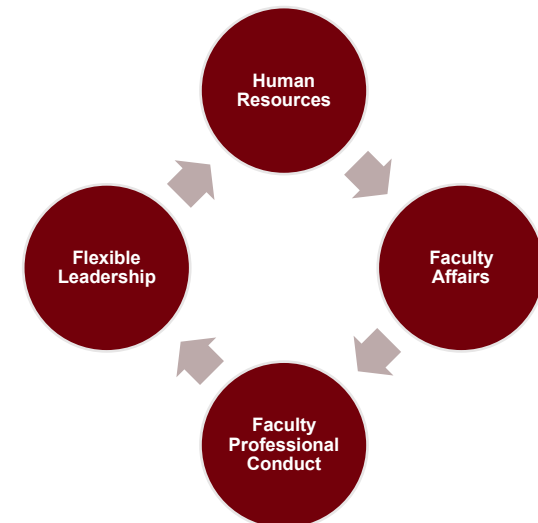
Invitation-only program for academic leaders and administrative executives.

Examples: directors, assistant vice presidents, associate vice presidents, department chairs, assistant deans and associate deans.

Academic Administrators Academy

Spring 2022 Tentative Workshop Dates

- March 4
- March 25
- April 8
- April 29





SEC ACADEMIC LEADERSHIP DEVELOPMENT PROGRAM

The SEC ALDP seeks to identify, prepare and advance academic leaders for roles within SEC institutions and beyond.

Three components make up the SEC ALDP:



SEC ALDP Spring 2022
Workshop
Hosted at the University of
South Carolina
February 16 – 18, 2022



<https://www.theseconline.com/programs/sec-academic-leadership-development-program/>



SEC ACADEMIC OPPORTUNITIES

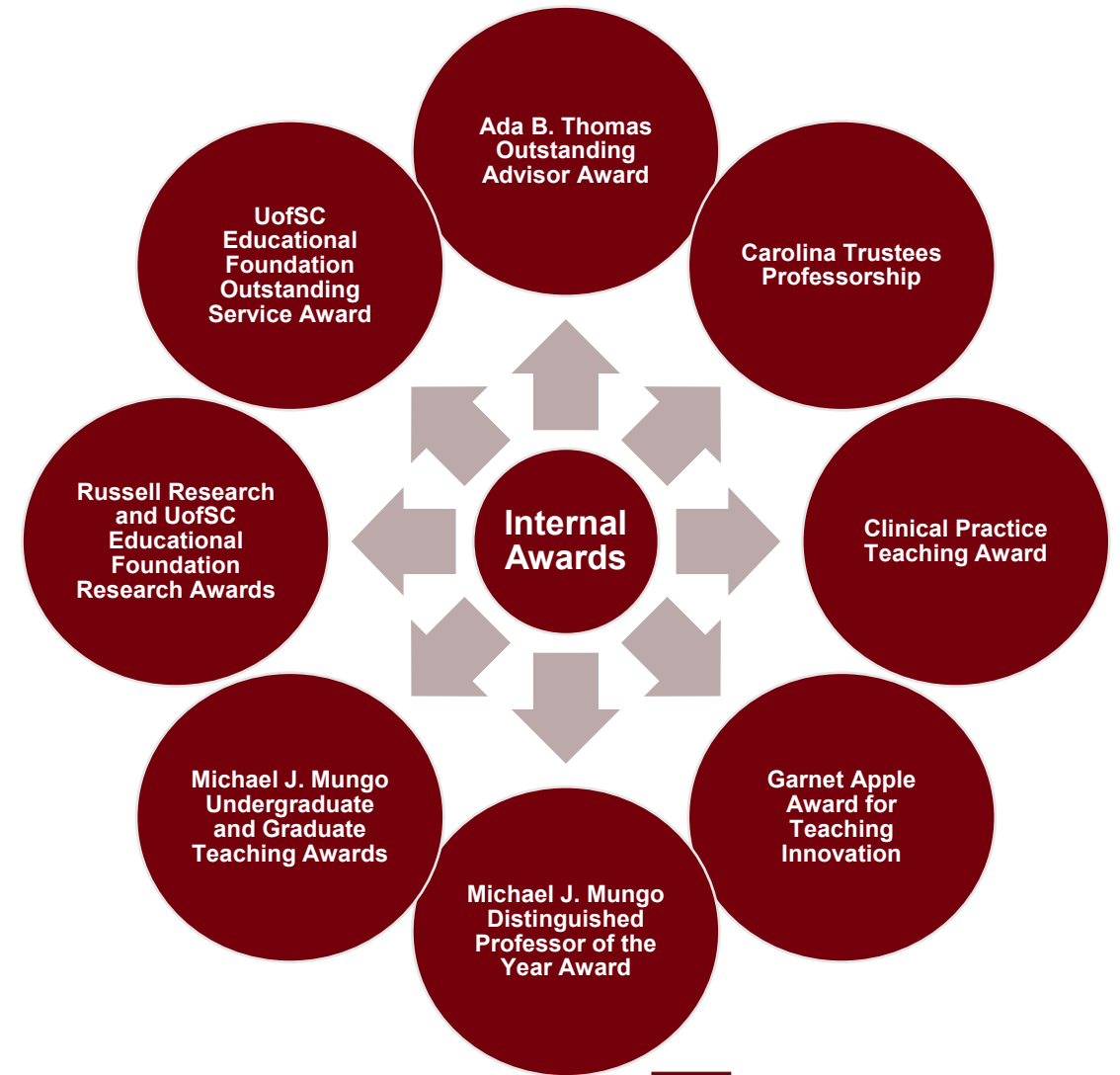
Faculty Achievement Award

- Eligibility:
 - Be a teacher/scholar
 - Have achieved the rank of professor
 - Have a record of extraordinary teaching
 - Have an outstanding record of scholarship that is recognized nationally and/or internationally
- USC selection is nominated for SEC Professor of the Year

Faculty Travel Grant Program

- Eligibility:
 - Full-time faculty
 - Title of assistant professor, associate professor, professor or librarian, regardless of track
 - Joint or team/group applications not allowed per the SEC
 - USC traveler goes to one or more SEC institutions

RECOGNIZING OUTSTANDING FACULTY



ENDOWED CHAIR & NAMED PROFESSORSHIPS

Criteria for Appointment

- 1 • Quality and number of scholarly and/or creative works.
- 2 • Enhancement of the university's reputation through regional, national and international recognition of the professional work.
- 3 • Quality of university teaching.
- 4 • Service to the university and to the profession which distinguishes the individual and university. Appropriate professional and personal conduct.
- 5 • Normally, recipients must be full professors at the University of South Carolina or eligible for initial appointment at that rank.

Procedures

- Nomination Portfolio
- Provost reviews and forwards a recommendation to the University Committees on Named and Distinguished Professorships (UCNDP)
- UCNDP reviews and forwards a recommendation to the president
- Appointment letters from the president are distributed to the provost, dean and others as appropriate

OPPORTUNITIES FOR OUTREACH

Opportunities

Women's Leadership Institute (WLI)

Faculty & Staff Affinity Groups

Program Directors

Professional Development

Outside Professional Activity (AIR)

Committees

Faculty Senate

Faculty Committees

Advisory Committees

Graduate Council



TENURE-TRACK FACULTY

- [Faculty Manual](#), University Policies, [UCTP Guidelines](#)
- [Website calendars](#) for decision year with tenure-clock, post-tenure review extensions
- Criteria revision
- Faculty activity reporting system

PROFESSIONAL-TRACK FACULTY

- Voting rights, eligibility, and nomenclature
- New University Committee on Professional-track Faculty charged to develop comprehensive guidelines and to review unit criteria
- Integrate PTF policies in Faculty Manual
- Related Policies:
 - [ACAF 1.06 Academic Titles for Faculty and Unclassified Staff Positions](#)
 - [ACAF 1.16 Professional-track Faculty](#)
 - [ACAF 1.18 Change of Status between Tenure and Professional Track](#)

FACULTY POLICY ENHANCEMENTS

- ACAF policies for professional-track faculty
- More efficient processes
- Ad hoc committee on professional conduct
- Ad hoc committee on freedom of expression
- Outside professional activities; conflict of interest
- Appointment and evaluation of academic administrators
- HR hiring and onboarding

COACHE



collaborative on academic
careers in higher education



Faculty Job Satisfaction Survey

Spring 2019 results

Spring 2023 next administration



Retention and Exit Survey

Annual administration; three-year
aggregation of responses

THANKS!

Dr. Cheryl L. Addy

Vice Provost and Dean of Faculty

caddy@mailbox.sc.edu / PROVACAF@mailbox.sc.edu

803-777-2808



PROVOST SEARCH UPDATE

Jeannette Andrews

Dean of College of Nursing, Co-Chair of the Search Committee



UNIVERSITY OF
South Carolina

ENROLLMENT DATA

Scott Verzyl

Vice President for Enrollment Management and Dean of
Undergraduate Studies

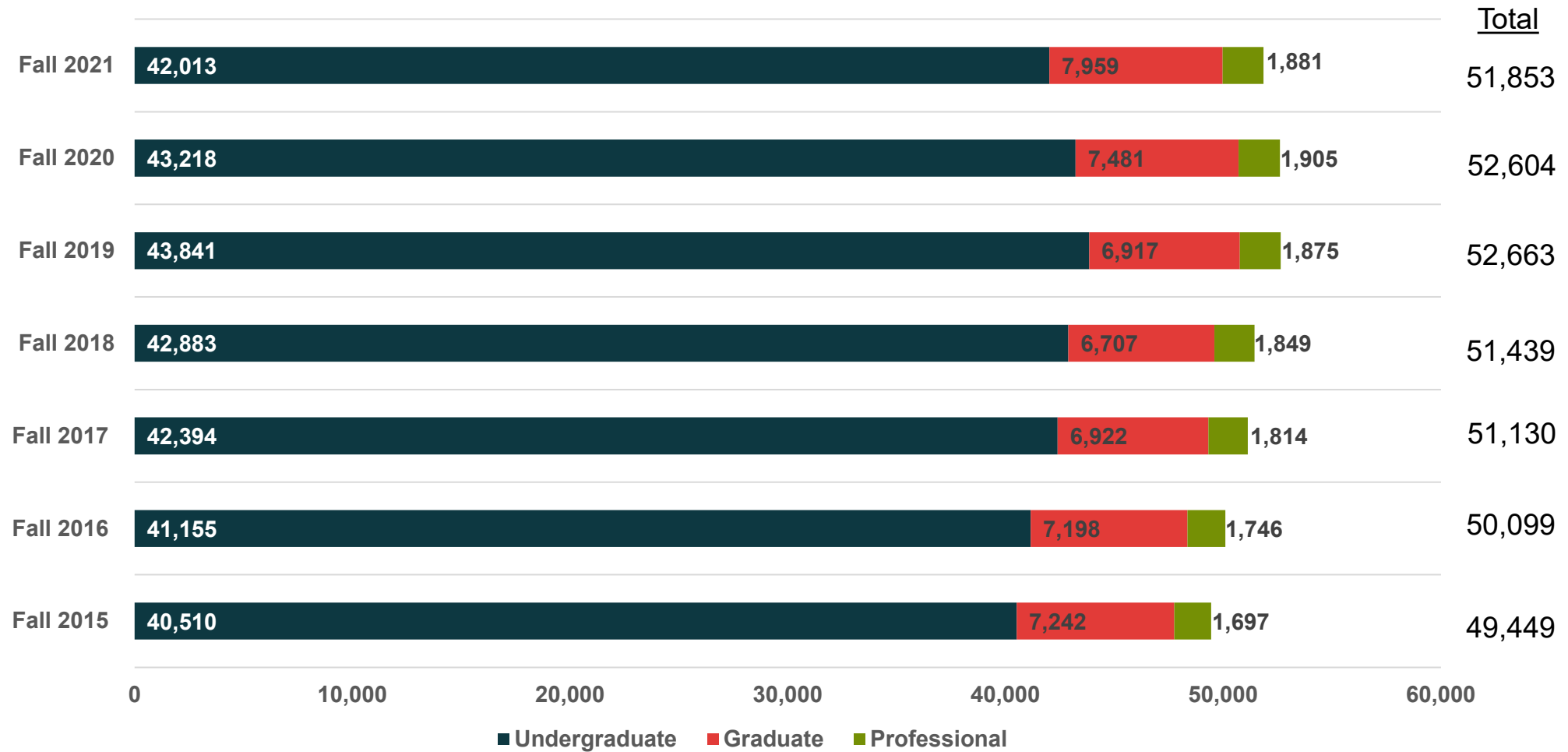


FALL 2021 RECAP

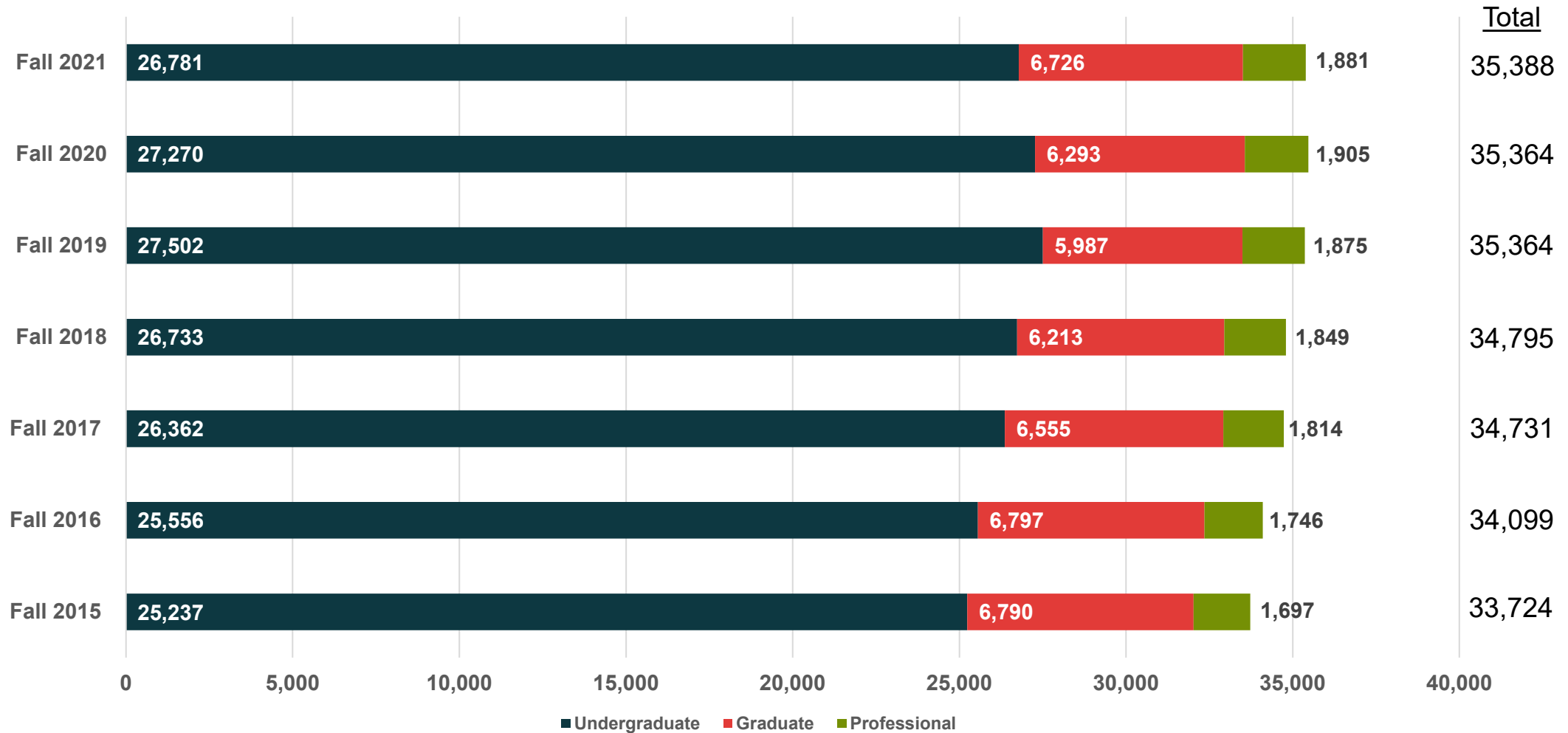


UNIVERSITY OF
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UofSC SYSTEM HEADCOUNT ENROLLMENT



UofSC COLUMBIA HEADCOUNT ENROLLMENT



UofSC COLUMBIA ENROLLMENT COMPARISON

2010-2021 SUMMER/FALL FRESHMEN

	2010	2020	Change from 2010 to 2020	2021	Change from 2010 to 2021
Freshman Applications	18,485	34,952	+16,467 (+89.1%)	42,057	+23,572 (+127.5%)
Freshman Class	4,470	5,734	+1,264 (+28.3%)	6,165	+1,695 (+37.9%)
Average SAT	1,187	1,241	+54 points	1,248	+61 points
Average ACT	26.2	27.7	+1.5 points	28.1	+1.9 points
Freshman Honors Enrollment	338	580	+242 (+72%)	595	+257 (+76.0%)
Capstone Scholars Enrollment	482	1,482	+1,000 (+207%)	1,409	+927 (+192.3%)
Total Undergrad Enrollment	21,383	27,270	+ 5,887 (+27.5%)	26,781	+5,398 (+25.2%)
First to Second Year Retention	86.8%	86.9%	+0.1 percentage pts.		
4-Year Graduation Rate	53.0%	64.7%	+11.7 percentage pts.	66.9%	+13.9 percentage pts.
6-Year Graduation Rate	67.5%	77.7%	+10.2 percentage pts.	77.8%	+10.3 percentage pts.

SPRING 2022 ENROLLMENT TO DATE



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Headcount Comparison Report

Spring 2021 to Spring 2022 as of January 31, 2022

Source: OIRAA Student Headcount/FTE Report

Campus	Level	2021 Preliminary	2021 Freeze	2022 Preliminary	# Change	% Change
Columbia	Undergraduate	25,386	25,384	25,188	(198)	-0.78%
	Law	628	627	624	(4)	-0.64%
	Medicine (Columbia)	397	397	387	(10)	-2.52%
	Medicine (Greenville)	421	423	414	(7)	-1.66%
	PharmD	438	438	432	(6)	-1.37%
	Masters	4,026	4,097	4,101	75	1.86%
	Doctoral	2,149	2,169	2,306	157	7.31%
	Total		33,445	33,535	33,452	7
Aiken	Undergraduate	2,805	2,810	2,679	(126)	-4.49%
	Masters	845	897	753	(92)	-10.89%
	Total	3,650	3,707	3,432	(218)	-5.97%
Beaufort	Undergraduate	1,822	1,830	1,947	125	6.86%
	Masters	7	7	13	6	85.71%
	Total	1,829	1,837	1,960	131	7.16%
Upstate	Undergraduate	4,852	4,858	4,345	(507)	-10.45%
	Masters	440	442	453	13	2.95%
	Total	5,292	5,300	4,798	(494)	-9.33%
Lancaster	Undergraduate	1,605	1,624	1,659	54	3.36%
Salkehatchie	Undergraduate	710	781	653	(57)	-8.03%
Sumter	Undergraduate	1,127	1,148	1,206	79	7.01%
Union	Undergraduate	1,087	1,138	1,227	140	12.88%
System Total		48,745	49,070	48,387	(358)	-0.73%

NOTABLE UNDERGRAD DEMOGRAPHIC CHANGES SPRING 2022

- UG SC Residents down 1.52% (n=221)
- UG Out-of-State up .29% (n=32)
- White UG down 1.6% (n=301), 91% are SC residents
- URM students up 1.23% (n=70)
- Students with JR or SR standing down 3.33% (n=529)
 - 90% are non-residents, 98% white
- Students with FR or SO standing are up 3.58% (n=340)
 - All this increase is NR (n=456) offsetting drop in SC (n=116)
- Male UG enrollment down 3% (n=355)
- Female UG enrollment up 1.2% (n=166)

COVID IMPACT AND IMPLICATIONS



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npr SIGN IN NPR SHOP DONATE

NEWS ARTS & LIFE MUSIC PODCASTS & SHOWS SEARCH


EDUCATION

Fewer Students Are Going To College. Here's Why That Matters

December 16, 2019 · 5:00 AM ET
Heard on Morning Edition

ELISSA NADWORNY MAX LA

6-Minute Listen




Fall Enrollments Decline For 8th Consecutive Year

by NSC Blog | Dec 16, 2019 | Current Term Enrollment, Research Reports, Research Services |

For the First Time This Decade, Unduplicated Count Falls Below 18 Million

In fall 2019, overall postsecondary enrollments decreased 1.3 percent or more than 231,000 students from the previous fall to 17.9 million students, according to the Fall 2019 Current Term Enrollment Estimates report by the National Student Clearinghouse® Research Center™. For the first time in the decade, the nation's fall unduplicated enrollments fell below 18 million students and declined by more than 2 million students.

Another million adults 'have stepped off the path to the middle class'

The dire consequences of fewer people going to college — for them and for society

by JON MARCUS January 22, 2022

The number of Americans going to college has decreased by nearly a million since the start of the pandemic and by nearly three million over the last decade. Credit: Camilla Forte/ The Hechinger Report

The Hechinger Report is a national nonprofit newsroom that reports on one topic: education. Sign up for our [weekly newsletters](#) to get stories like this delivered directly to your inbox.

Slower economic growth. Continued labor shortages. Lower life expectancy. Higher levels of divorce. More demand for social services, but less tax revenue to pay for it.

A sharp and persistent decline in the number of Americans going to college — [down by nearly a million](#) since the start of the pandemic, according to newly released figures, and by [nearly three million over the last decade](#) — could alter American society

The Washington Post
This story also appeared in [The Washington Post](#)



THE DIFFERENT VOICES OF
**STUDENT
SUCCESS**
RESOURCE CENTER

The Male Enrollment Crisis

- Males make up only 40.5% of college students nationally – an all-time low.
- As college shifted online during pandemic, males stopped out of Higher Education at greater rates than females.
- Ironically, males are much more likely to spend time in front of a screen playing video games but had more difficulty adjusting to on-line learning.
- Male college-going rates are declining across all races and socio-economic groups, but especially among black males.

Source: Chronicle of Higher Education

#News #Coronavirus

Mental Health Needs Rise With Pandemic

A mountain of troubling data about rising mental health problems has health advocates and providers worried about the need for additional support for struggling students and the ability of colleges to provide it.

By [Greta Anderson](#) // September 11, 2020



ISTOCK.COM/OLGA TURKAS

While the country continues to battle the coronavirus, college health professionals are also monitoring a growing crisis among young adults struggling with mental health problems, including suicidal ideation, anxiety and depression related to the pandemic.

#News

Multiple Suicides Leave WPI Reeling

A spate of student deaths has deeply shaken Worcester Polytechnic Institute. Student mental health issues, worsened by the pandemic, are a concern that extends to campuses across the U.S.

By [Josh Moody](#) // February 3, 2022

Pandemic Increasing Suicidal Ideation

The COVID-19 pandemic has caused a dramatic rise in mental health problems. Experts urge colleges to invest in mental health services, rather than slash their budgets.

By [Madeline St. Amour](#) // August 17, 2020



ISTOCK.COM/LORENZOANTONUCCI

One in four people aged 18 to 24 seriously contemplated suicide in June, according to new research from the Centers for Disease Control and Prevention.

The data are the latest in a series of reports highlighting increases in anxiety, depression and suicidal ideation since the COVID-19 pandemic began.

A Massive Disruption, a Range of Student Reactions

Age, gender and year in college affected how likely students were to struggle with remote learning and mental health challenges during the pandemic, according to the National Survey of Student Engagement.

By Sara Weissman // February 2, 2022



MOMC/LOG/E+/GETTY IMAGES

Students responded differently to changes in course delivery and other stresses posed by the pandemic, and their reactions differed based on age, gender and other factors, according to findings from the [2021 National Survey of Student Engagement](#), released Tuesday.

- In Spring 2019, only 8% of first year college students took all on-line courses, but in Spring 2021, 65% of first year students took mostly remote courses, and only 7% reported taking mostly in-person courses.
- Two thirds of first-year students report substantial increases in mental or emotional exhaustion. Issues include:
 - Depression
 - Anxiety
 - Feelings of Hopelessness
 - Inability to Concentrate
 - Difficulty Sleeping

Source: NSSE

CHANGES IN ENROLLMENT AMID PANDEMIC BY SECTOR

Sector	Fall 2019	Fall 2021	Change N	Change %
All Sectors Total Enrollment	18,239,874	17,302,364	-937,510	-5.1%
All Sectors UG Enrollment	15,467,001	14,441,432	-1,025,569	-6.6%
All Sectors Grad & Professional	2,772,873	2,860,932	88,059	3.2%
All Sectors FTFT Freshman Enrollment	2,330,022	2,116,631	-213,391	-9.2%
Public 4-year	7,989,984	7,767,617	-222,367	-2.8%
Private nonprofit 4-year	3,842,930	3,776,285	-66,645	-1.7%
Private for-profit 4-year	749,885	716,472	-33,413	-4.5%
Public 2-year	5,368,470	4,662,364	-706,106	-13.2%
UofSC System Total Enrollment	52,663	51,853	-810	-1.5%
UofSC System UG Enrollment	43,841	42,013	-1,828	-4.2%
UofSC Columbia Total Enrollment	35,364	35,388	24	0.1%
UofSC Columbia UG Enrollment	27,502	26,781	-721	-2.6%
UofSC Columbia Grad & Professional	7,862	8,607	745	9.5%
UofSC Columbia FTFT Freshmen	6,260	6,165	-95	-1.5%

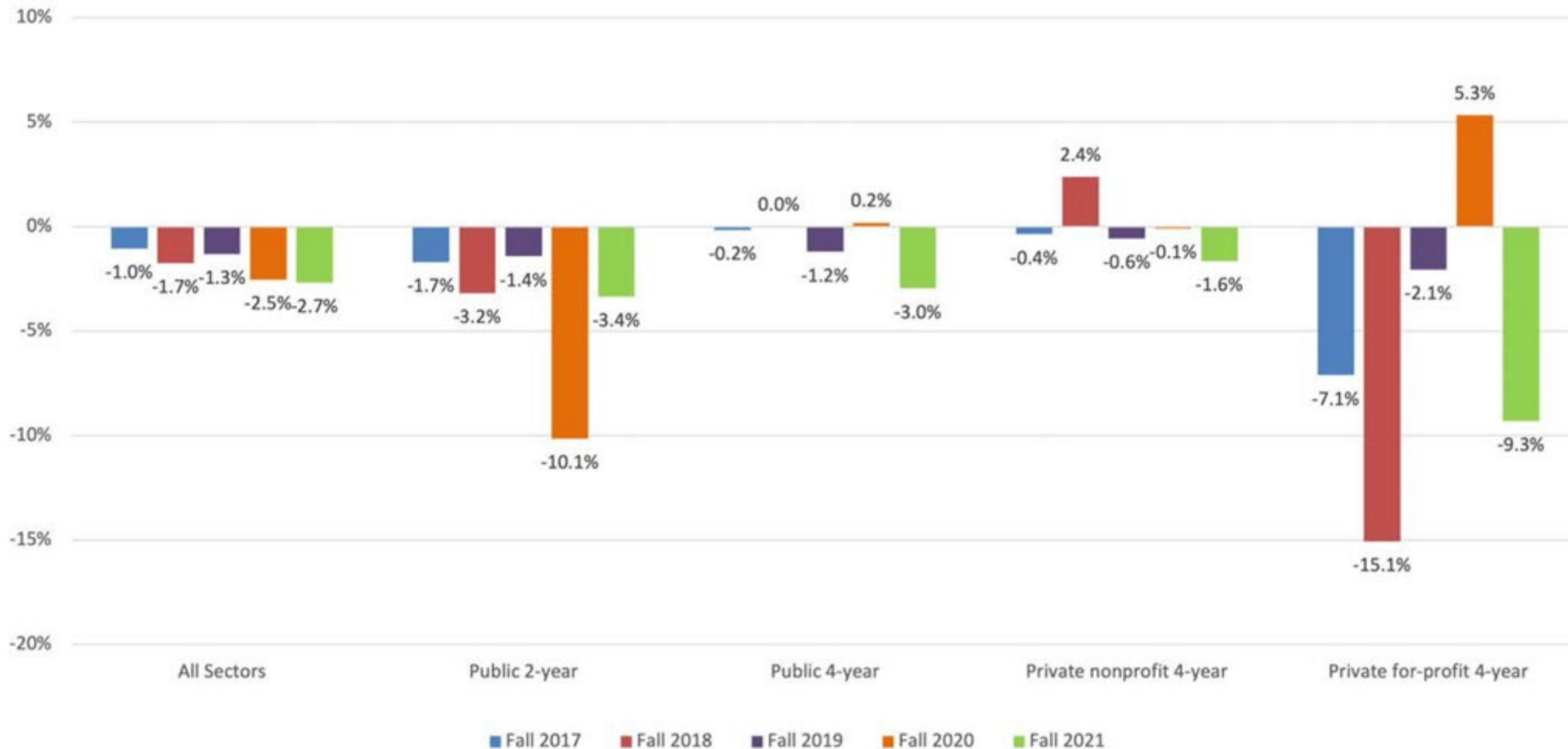
source: National Student Clearinghouse Research Center Fall 2021 Enrollment Report & OIRAA



South Carolina

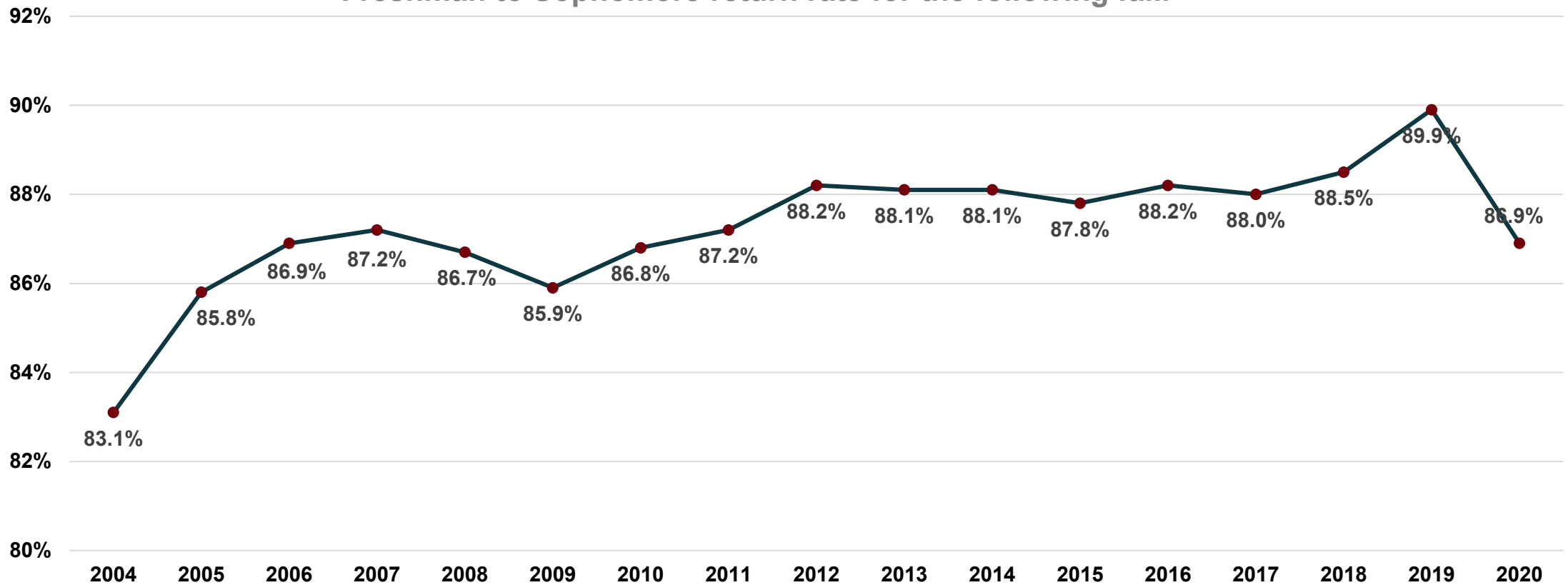


Figure 1. Percent Change in Total Enrollment from Previous Year by Institutional Sector: 2017 to 2021



FIRST-TIME, FULL-TIME FRESHMAN RETENTION RATES

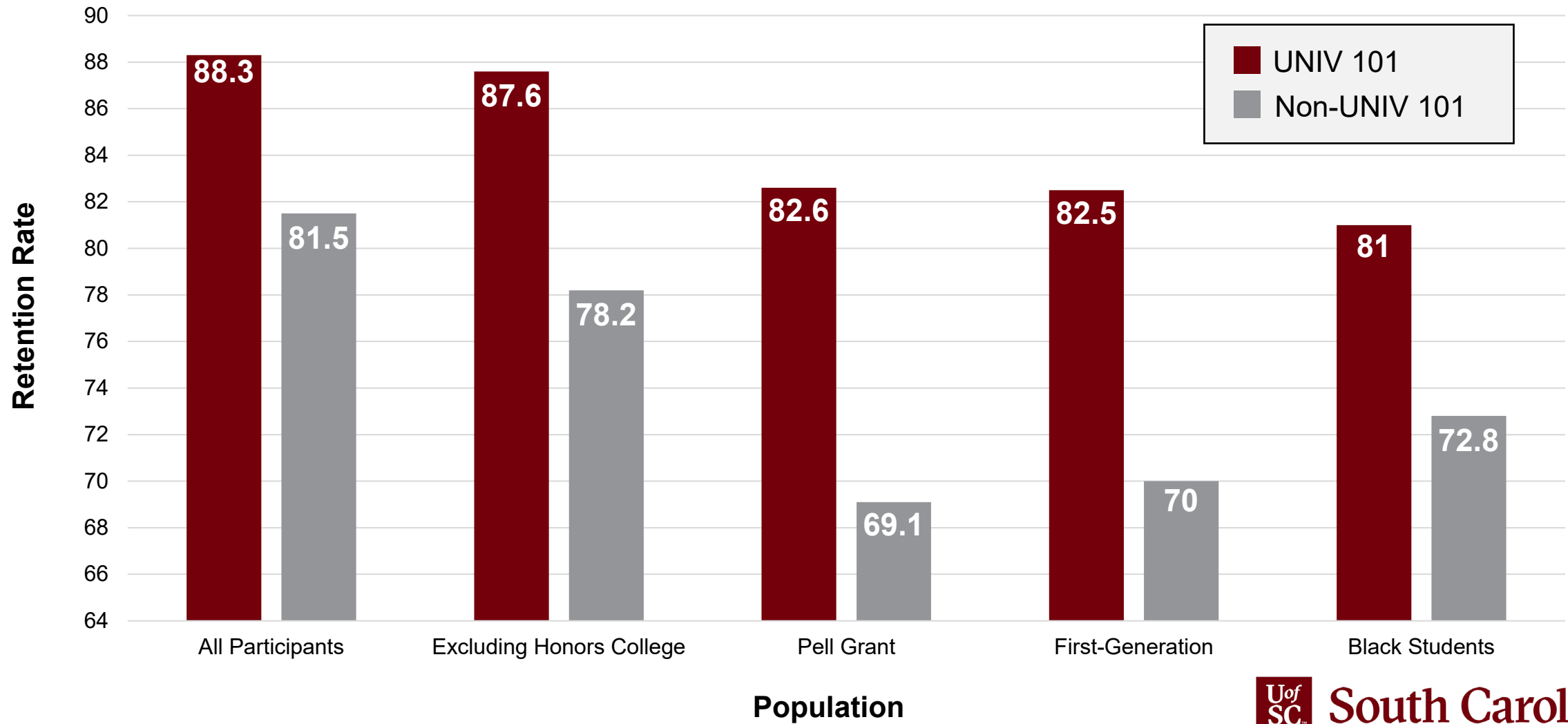
Freshman to Sophomore return rate for the following fall.



HELP IS AVAILABLE

- Academic Advising Center
- Student Success Center
- Student Disability Resource Center
- University Health Services/Center for Health and Well-Being
- University Housing/Resident Mentor Staff
- Student Care and Outreach Team Referrals
 - Academic Departments/Faculty account for 30% of referrals
 - 64% of referral cases for academic reasons present other underlying issues/behaviors

UNIV 101 IMPACT ON 2020 COHORT RETENTION



FIRST-YEAR RETENTION SURVEY INSIGHTS

Overall, there are *positive increases* in student responses from fall 2020 to fall 2021. While responses are slightly more positive, not all of them are at pre-COVID levels.

Noteworthy, Positive Differences

- More students are participating in student organizations this semester.
- More students are getting along with their roommates and know where to get help if they're struggling in class or with personal issues.
- Similar to last year, students expressed that getting a college degree is important, a degree from UofSC is a worthwhile investment. They get to class on time, plan to come back next semester, are motivated to maintain a GPA of at least 3.0, and intend to complete at least 15 credit hours.

Noteworthy, Negative Differences

- More students have skipped class and are homesick.
- Less students know who their academic advisor is and how to make an advising appointment.

SUCCESS CENTER PROGRAMS ARE EFFECTIVE

- Spring 2021 D & F Rates lower for Supplemental Instruction Participants (9.7% v 16.4%)
- Spring 2021 mean course grades higher for SI participants (3.12 vs 2.79)
- Spring 2021 at risk referrals that used SSC resources more likely to earn A/B/C grades than those who did not (69% vs 63%)

CHANGES IN ATTITUDES



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CLASS OF 2022 ATTITUDES AND BEHAVIORS

- The pandemic has impacted where students applied
 - 77% of seniors intend to enroll in 4-year college vs 83% last year
 - Half of students indicated they applied to more schools than prior year
- Less concern about pandemic-related issues than last year
 - However, 2/3 are concerned about learning loss in high school
- 48% report Covid-19 has impacted their financial situation
 - Approximately 2/3 of first gen and low-income students impacted
- 86% somewhat or very concerned about debt after college
- Nearly 90% more likely to decide based on cost & aid

COLLEGE SEARCH BEHAVIORS

- Shopping for college is starting earlier, 60% before junior year
 - Tailor content by year in high school
- Search Engine Optimization, Websites, and Outreach (Emails)
 - Students search for website content on majors/degrees offered, costs/aid/scholarships, admission requirements, campus life, athletics
 - Voice Search becoming more prevalent, and Siri knows all:

“Hey, Siri, what’s the best college for me?”

- Preferred Social Media: YouTube, Instagram, Snapchat, Spotify, TikTok (and Facebook is still important)
 - 37% of students indicate they discovered a college on Social Media

FALL 2022 PREVIEW AND NEXT STEPS

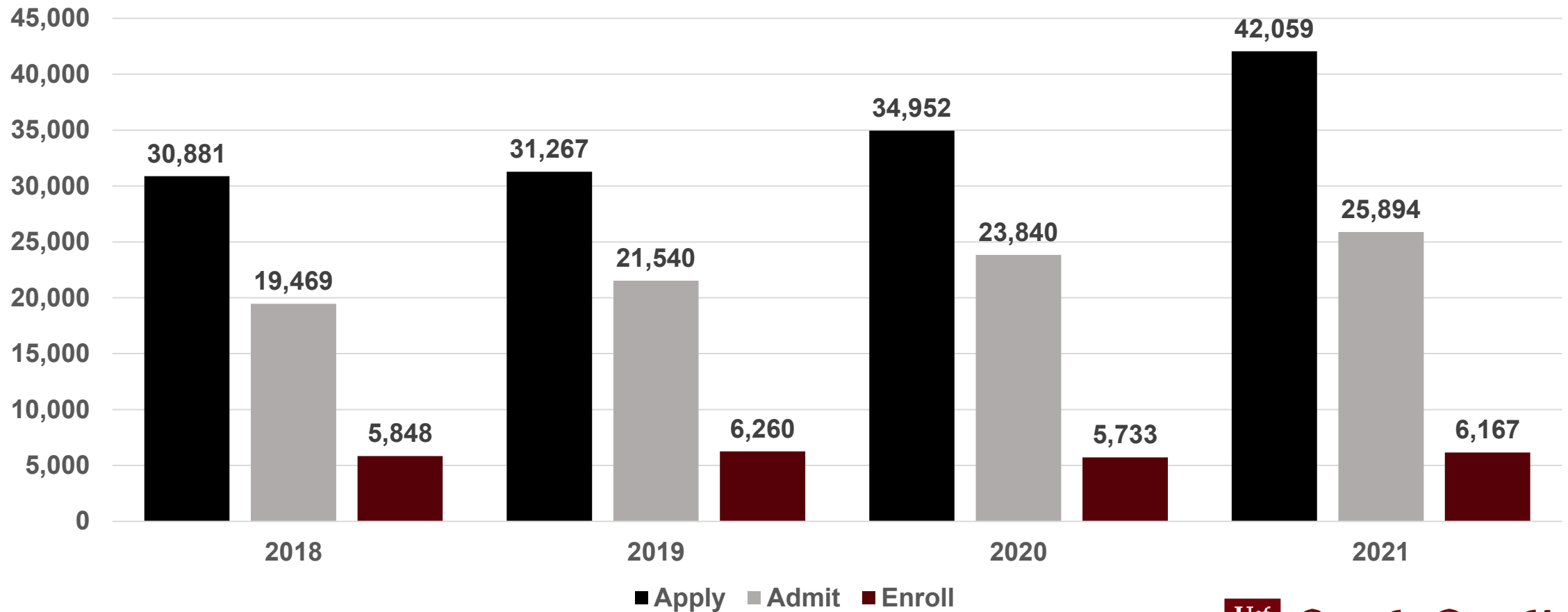


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UofSC COLUMBIA

UNDERGRADUATE ADMISSIONS SUMMARY

(Freshmen Only)



EARLY TRENDS

- On track for 42,000 applications
- Admits are up 13% over point in time last year
 - SC residents up 22%, NR up 10%
- Enrollment Deposits are up 6% over PIT last year
 - SC residents up 18%, **NR down -17%**

TIMELINE TO FALL 2022 – KEY DATES AND REMINDERS

- Release Final Admissions Decisions by Mid-March
 - enough to yield 6400 Freshmen
- Admitted Student Days: March 26 and April 9
- Scholarships and Financial Aid Packages: Post by April 1
- New Student Orientation: Registration Begins April 1
- Open House: April 23
- **Enrollment Deposit Deadline: May 1**
- New Student Orientation during June and July

THE POWER OF THE PERSONAL TOUCH: FEEDBACK FROM DIRECTOR OF COLLEGE COUNSELING

Email Received Thursday, Feb 3, 2022:

This morning I spoke with the father of another accepted student...who just visited campus over the weekend along with his parents and younger brother who is a junior. His dad called me specifically to tell me how impressed he was with the entire program and every person they spoke with.

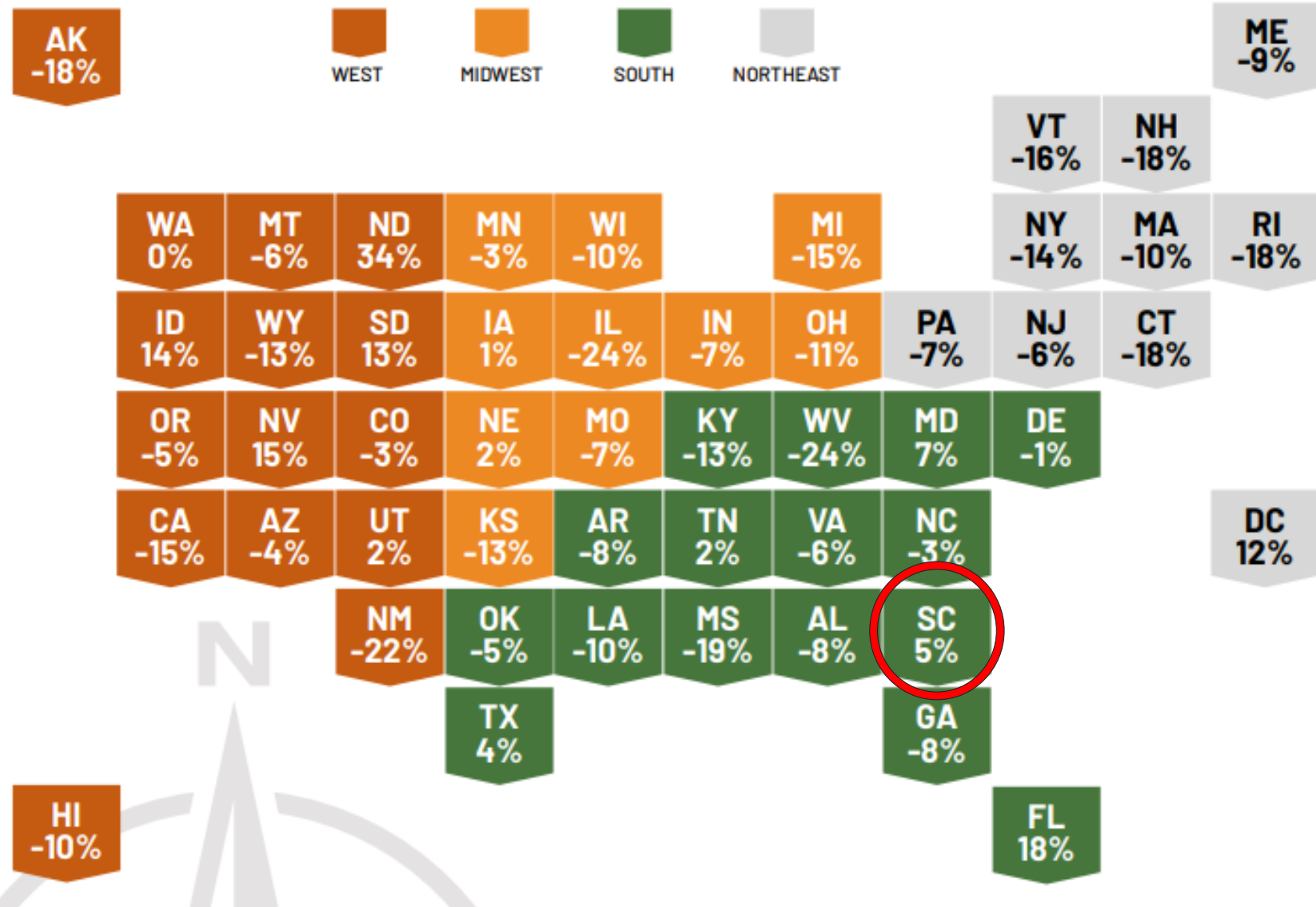
[First Student] expressed interest in double majoring in Chemical and Mechanical Engineering and he spoke with (I think) the director of Chemical Engineering who encouraged him to apply for a departmental scholarship.

[Second Student] spoke with someone from the Music department who also shared her card and encouraged him to apply for a scholarship as a non-music major (he would probably also major in engineering)...

I thought you would appreciate hearing how well the university presented itself to two prospective students. If y'all get [First Student], I anticipate you would get [Second Student] next year as they are very close.

Good job SC!

State-by-state projected percent change from class of 2019 to 2037, grand total of public and private schools



TAKEAWAYS

- We lost continuing students last year during COVID.
- Low income, first generation, and URM student enrollment most impacted by the pandemic.
- Competition for new freshmen will continue to increase.
- Retention is critical. We have the chance to re-recruit students every day—and we must.
- Please refer students to services early, before little problems become big problems.
- Help us deliver on the promise of an exceptional experience and education.

FOR MORE INFORMATION CONTACT:

R. Scott Verzyl

Vice President for Enrollment Management

Scott.Verzyl@sc.edu

(803) 777-6922

THANK YOU

GRADUATE ENROLLMENT AND INITIATIVES

Tracey Weldon, PhD

Interim Dean of the Graduate School and Vice Provost for
Graduate Education



UNIVERSITY OF
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GRADUATE EDUCATION: AT-A-GLANCE

- Graduate Degree Programs at UofSC Columbia
 - **135** master's/specialist degrees
 - **64** doctoral degrees
 - **38** certificate programs
 - **50** active online programs
- Program Rankings
 - **#1** International MBA (USN&WR 2021)
 - **#1** Online Nursing Program (USN&WR 2022)
 - **#1** Sport Science Schools & Departments in the U.S. (Shanghai Rankings 2021)

GRADUATE PROGRAMS
56
NATIONALLY
RANKED
THE MOST IN SOUTH CAROLINA



Graduate School

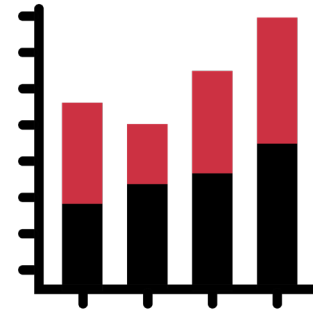
GRADUATE ENROLLMENT: SPRING 2022



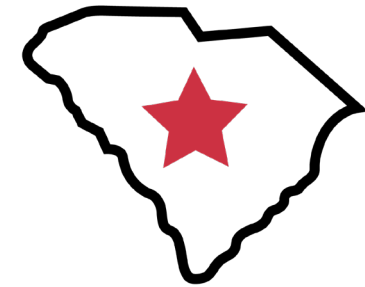
URM
23%



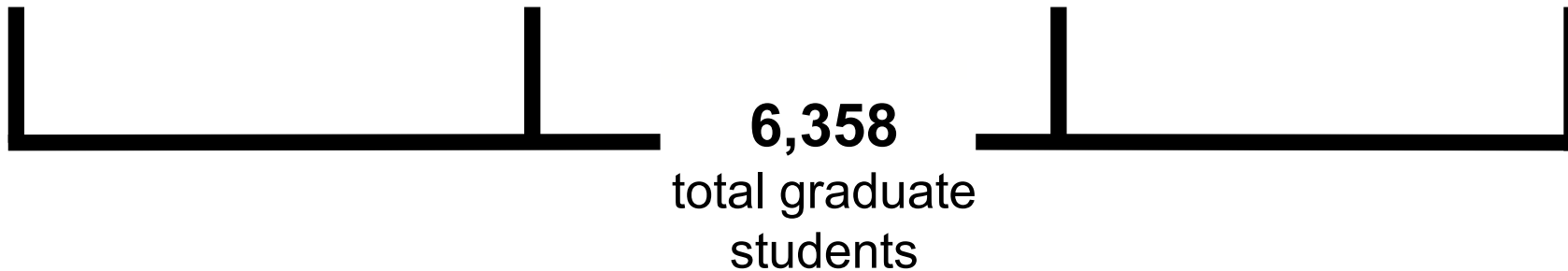
INTERNATIONAL
15%



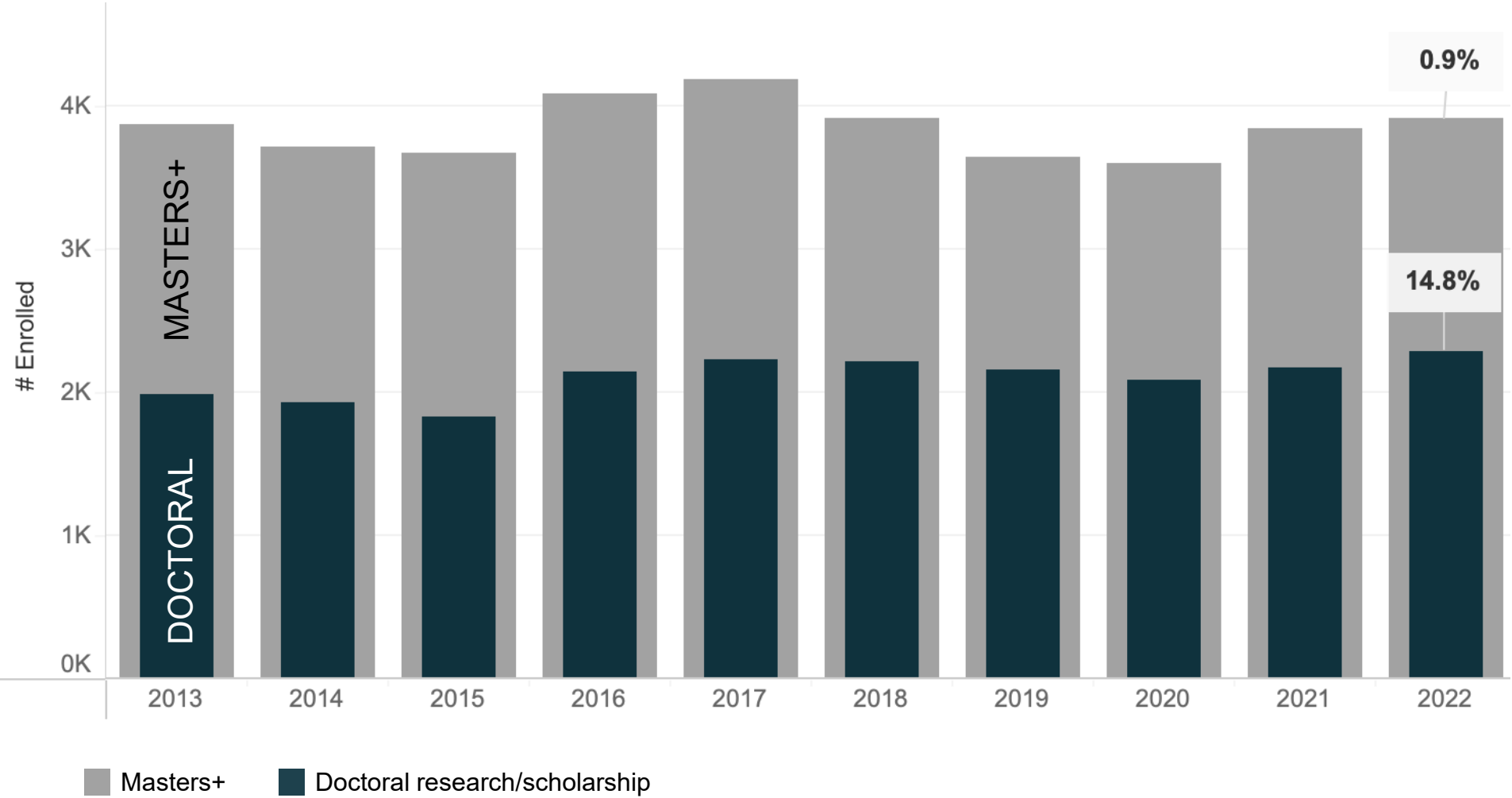
FEMALE
65%



SC RESIDENT
48%

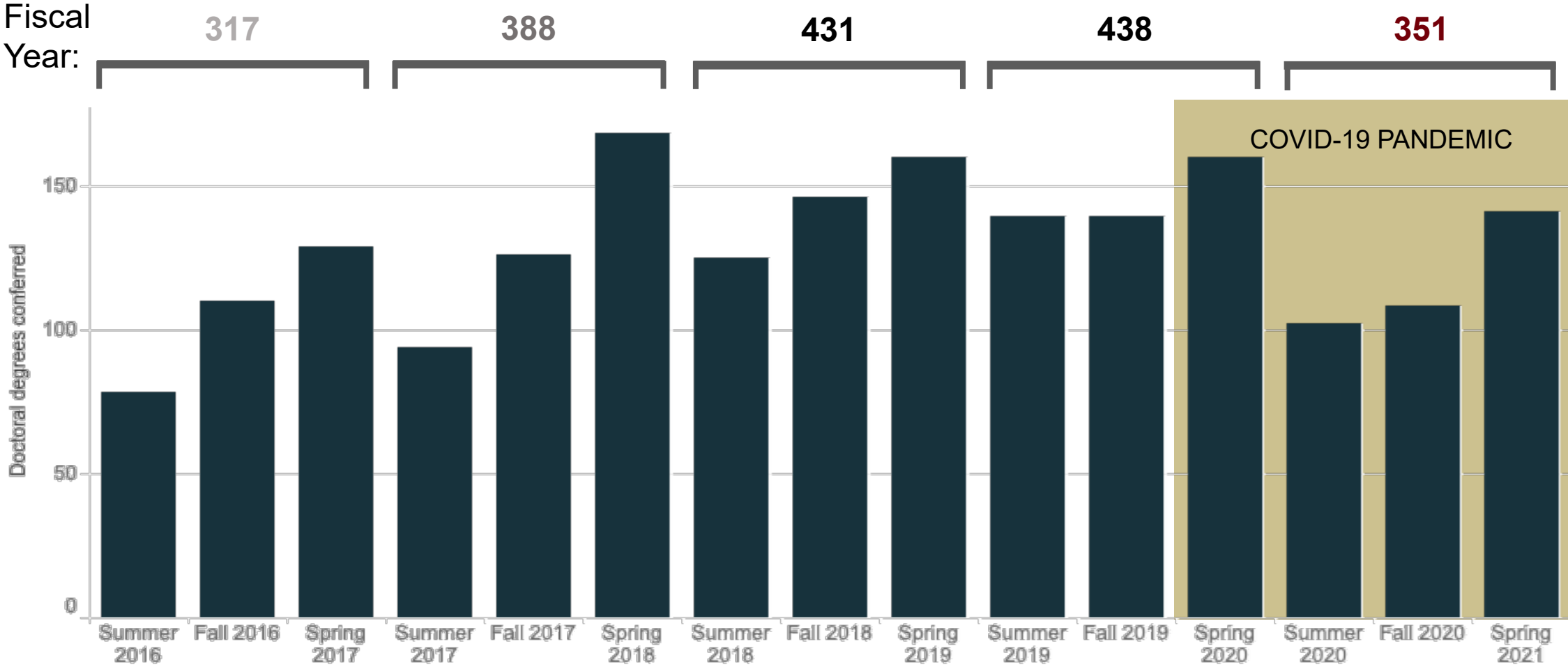


GRADUATE ENROLLMENT: 10-YEAR OVERVIEW



Spring 2022 - full & part-time enrollment as of 1/16/2022

DOCTORAL DEGREE CONFERRALS: 5-YEAR OVERVIEW



■ Doctoral research/scholarship

GRADUATE SCHOOL NEWS

- **Currently Accepting Nominations**

- Grace Jordan McFadden Professors Program

- Deadline: **February 15th**

- Presidential Fellows

- Deadlines: Round 1: **January 28th**; Round 2: **March 4th**

- Rising Star Fellowship (pilot):

- Deadline: **Open pending availability of funds**

- **For more information**, visit the Graduate School's [Fellowships and Awards](#) web page

GRADUATE SCHOOL NEWS

• Upcoming Events

- Scholarly Initiatives Welcome Reception
 - **February 25th**, 3:30pm; Carolina Room, Capstone Building
- Graduate Inclusive Excellence Series: Faculty DEI Talk
 - **“Graduate Admissions: Rethinking Standing Practices & Cultural Norms”**
 - Dr. Julie Posselt; University of Southern California
 - **February 16th**; 2:00pm (EST) on Zoom; Register via [Zoom](#)
- Discover UofSC
 - **April 22nd**; Columbia Metropolitan Convention Center
 - Registration opens: **January 31st**
- **For more upcoming events:** Visit the Graduate School’s [Diversity](#) and [Professional Development](#) web pages

GRADUATE SCHOOL NEWS

- **Now Open:** Graduate Student Resources Hub (Close Hipp 204)
- Appointments Available
 - Dr. Matt Klopfenstein
 - National Fellowships Coordinator
 - Email: klopfenm@mailbox.sc.edu
 - Mr. Nigel Smith
 - Manager, Graduate Student Advising
 - Email: ns23@mailbox.sc.edu
- Open House: March 2nd @ 3:00pm



THANK YOU

BREAKOUT SESSIONS 10:45 – 11:40

Cocky – Room 203



Block C – Room 205



1801 – Room 303



Gamecock – Room 315



BREAKOUT SESSIONS

COMMUNITY RESILIENCE

Dr. April Scott, Associate Director, Mental Health Initiatives

Dr. April Barnes, Executive Director, Housing and Residence Life



UNIVERSITY OF
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WHY

- University Housing saw an alarming increase in students reaching critical breaking points mid-semester resulting in hospitalization for suicidal ideation
- Collaboration in the form of a joint task force was established to explore the possibility of creating a resiliency curriculum to help students gain necessary skills earlier in the semester to prevent students reaching the critical breaking point
- The Resiliency Project was designed to create a culture of care and holistic well-being for first-year students living in the residence halls
- Resiliency curriculum was created and piloted in 2020
- The Resiliency Project grew from wanting to increase the resiliency of UofSC on campus students, to all students, to wanting to increase campus-community well-being culture.

WHY

- Resiliency is linked to increased involvement, lower risky behavior, and improved learning and academic success
- At UofSC, students who rated themselves as having high resiliency were less lonely, had less psychological distress, and had a stronger sense of belonging
- Higher resilience scores correlated with higher GPAs
- Resilience increases retention rates
- Resilience can serve as a buffer from depression and anxiety

WHAT

Mental Health Initiatives

- How to Fail: A Resiliency Building Workshop
- Hear Me Out podcast
- Mental Health Ambassadors
- Hiring of Mindfulness and Resiliency Program Coordinator
- Collaboration with Housing Resilience Project Task Force
- Resilience Project for faculty, staff, students

WHAT

University Housing Resiliency Initiatives

- University Housing created the Carolina Residential Living Experience which is a learning model for residential student growth. One of its three cores is cultivating a dynamic learning environment by empowering growth and resilience.
- Each semester resident mentor staff develop programming and have 1-1 conversations with their residents in order to help students:
 - *Develop a routine that includes utilizing university resources*
 - *Identify learning opportunities from failures*
 - *Implement effective success strategies in college*
 - *Set boundaries with the floormates that support good academic and study habits*
 - *Identify a support network that will help them succeed in college*
- In addition to the Carolina Residential Living Experience University Housing trains all professional staff and all student staff living in the residence halls

FUTURE DIRECTIONS

QUESTIONS

COMMUNICATIONS OF MENTAL HEALTH RESOURCES

Dr. Sandra Kelly, Vice Provost, Director of Global Carolina, Dean of Undergraduate Studies

Abe Danaher, Communications Manager, Office of the Provost



PROVOST'S MENTAL HEALTH TASKFORCE

Name	Title	Subgroup
Anna Edwards	Associate Vice President for Student Life	Resources
Dawn Wilson-King	Professor Department of Psychology	Communications
April Barnes	Executive Director, University Housing	Communications
April Scott	Associate Director of Mental Health Initiatives	Resources
EC Porter	Interim Director of Counseling & Psychiatric Services, UHS	Communications & Resources
Les Hall	Dean of the School of Medicine, Columbia	Resources
Marc Shook	Dean of Students, Deputy Title IX Director & Interim University Title IX Coordinator	Communications
Nicole Vaughn	Professional Development & Assessments Manager, Division of Human Resources	Communications
Rebecca Caldwell	Assistant Vice President of Administration and Well-Being	Communications & Resources
Sandra Kelly (co-chair)	Vice Provost, Director of Global Carolina, and Dean of Undergraduate Studies	Communications
Stephen Taylor	Director of Psychological Services Center	Resources
Teri Browne	Interim Dean of the College of Social Work	Communications
Thomas Hodges	Interim Dean of the College of Education	Resources
Tracey Weldon (co-chair)	Interim Dean of the Graduate School and Vice Provost for Graduate Education	Resources

Charge:

- To maximize efficiency and synergy of all current mental health support at the university
- To advocate for new resources that would have the greatest positive impact on mental health in our community
- To coordinate and enact increased mental health support
- To work collaboratively on a communications plan

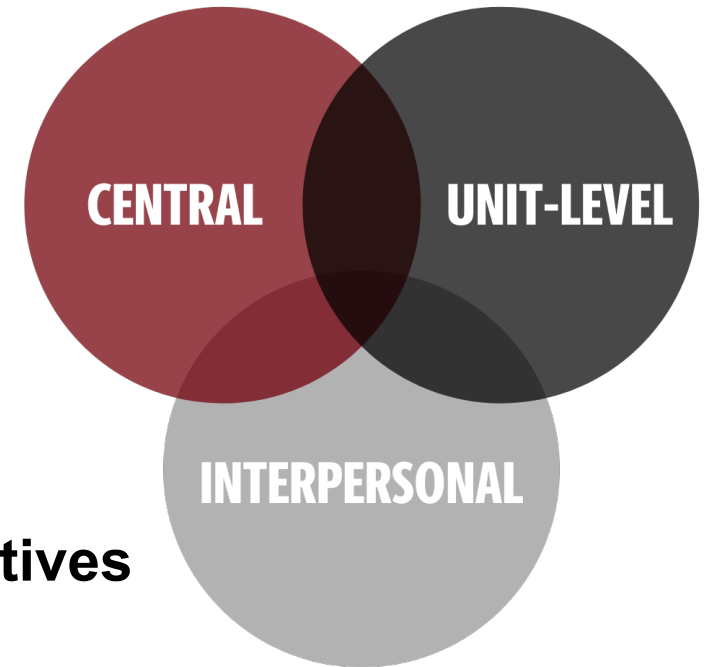
Note: *This charge applies to undergraduate students, graduate students, faculty, and staff at the University of South Carolina, Columbia Campus.*

COMMUNICATIONS SUB-COMMITTEE

- **Communication about what mental health resources are available to students, faculty and staff**
- **Communication also about the value of different mental health resources**
- **Website at University Health Services and Human Resources**

COMMUNICATIONS STRUCTURE

- **Central communications**
 - Mass mail
 - University-level social media channels
 - Public relations and crisis management
 - Digital boards
 - Support of unit-level communicators and top initiatives
- **Unit-level communications**
 - Digital boards, social media channels, listservs, unit website
 - Liaise with central communications and unit members
- **Interpersonal communications**
 - Word of mouth, personal social media channels
 - Communications within your domain (department, classroom, team, etc.)



UTILIZING WHAT WE HAVE AND WHAT MORE CAN BE DONE FOR COMMUNICATION

- **Goal: Every community member should know generally what mental health resources are available and where to go to find out more details**
 - **Creating a caring and supportive community**
- **Some ideas about enhancing communication from the taskforce**



**WHAT ARE YOUR IDEAS FOR
COMMUNICATION ABOUT MENTAL
HEALTH ON OUR CAMPUS?**

MENTAL HEALTH RESOURCES FACULTY AND STAFF

Nicole Vaughn
Professional Development & Assessments
Division of Human Resources

Tracey L. Weldon
Interim Dean of the Graduate School
Vice Provost for Graduate Education



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Marc Shook	Dean of Students, Deputy Title IX Director & Interim University Title IX Coordinator	Communications
Nicole Vaughn	Employee Assistance Program	Communications
Rebecca Caldwell	Assistant Vice President of Administration and Well-Being	Communications & Resources
Sandra Kelly (co-chair)	Vice Provost, Director of Global Carolina, and Dean of Undergraduate Studies	Communications
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EMPLOYEE ASSISTANCE PROGRAM

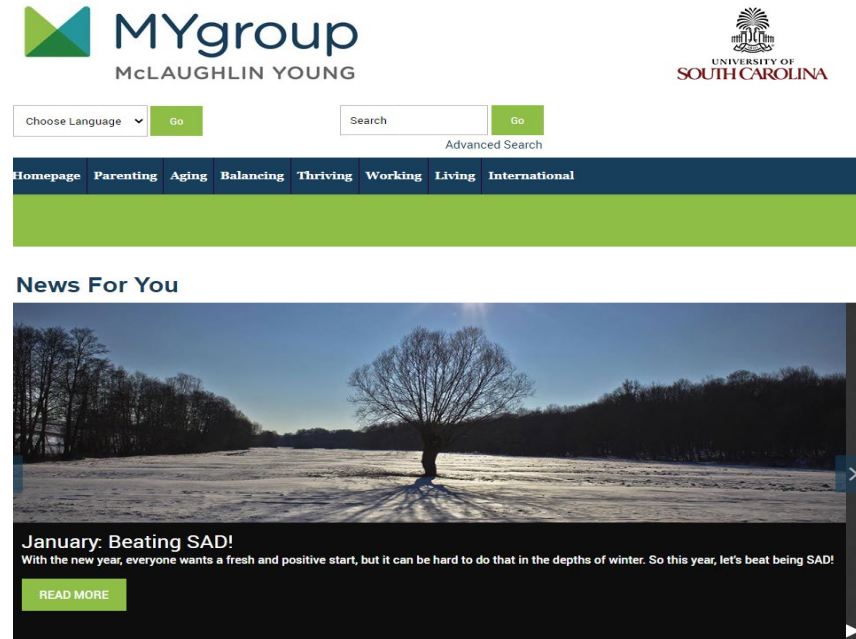
- **Assessment & Counseling Services:**

- Confidential services
- Face to face, telephonic, and virtual options with a licensed clinician in your area
- Six sessions per individual, per issue
- Covers all benefits-eligible employees and permanent members of their household, including college students living away from home through age 26

- **Online Services**

- **Legal Services**

- **Financial Services**



The screenshot shows the MYgroup website for McLaughlin Young. At the top left is the MYgroup logo. To the right is the University of South Carolina logo. Below the logos are search bars: 'Choose Language' with a 'Go' button, and a 'Search' bar with a 'Go' button and 'Advanced Search' text. A navigation menu includes 'Homepage', 'Parenting', 'Aging', 'Balancing', 'Thriving', 'Working', 'Living', and 'International'. Below the menu is a 'News For You' section featuring a large image of a tree in a snowy field. The text below the image reads: 'January: Beating SAD! With the new year, everyone wants a fresh and positive start, but it can be hard to do that in the depths of winter. So this year, let's beat being SAD!' and a 'READ MORE' button.

- **Phone:** (800) 633-3353

- **Online:** www.mygroup.com

- Click on My Portal Login

- Click on Work-Life

- **Username:** usc

- **Password:** guest

EMPLOYEE WELLNESS RESOURCES

- **Mental Health Initiatives:** Guided Meditation, Yoga, Inner Path to Peace, Mindfulness Workshops, Stress Management Support, Trauma and Interpersonal Violence Support
- **Wellness Coaching and Screenings**
- **Campus Recreation and Fitness**
- **SC PEBA Programs and the Benefits Office**
- **Personal and Professional Development**



DISCUSSION

- What are the greatest challenges to mental and emotional well-being for faculty and staff on campus?
- How might faculty and staff access to wellness resources be improved?
- What additional wellness resources are needed for faculty and staff?

Types of Wellness

- Emotional
- Environmental
- Financial
- Intellectual
- Occupational
- Physical
- Social
- Spiritual

THANKS!

Nicole Vaughn: nvaughn@mailbox.sc.edu

Tracey L. Weldon: weldont@mailbox.sc.edu

MENTAL HEALTH RESOURCES AND NEEDS FOR STUDENTS

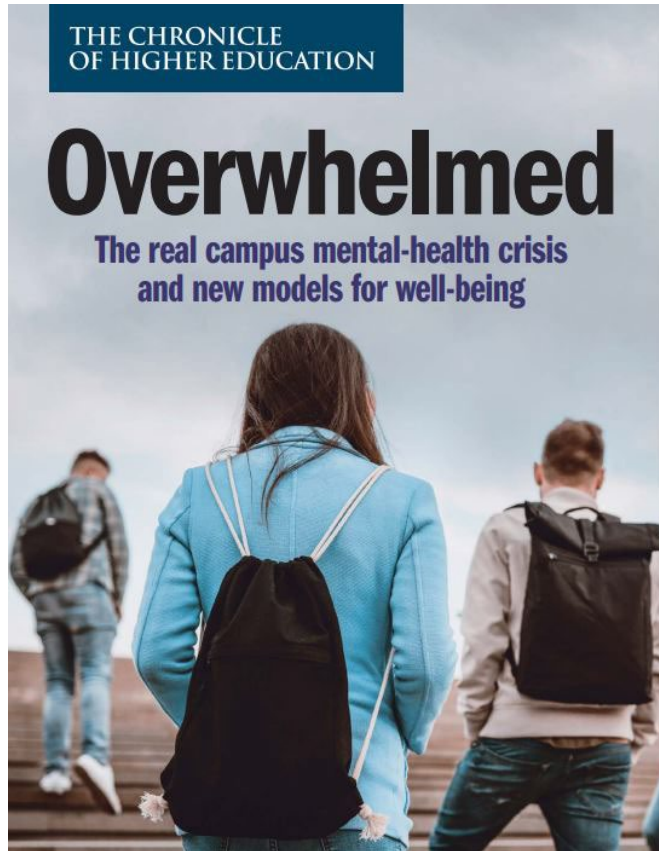
Dr. Elizabeth-Clare Porter

Dr. Rebecca Caldwell



UNIVERSITY OF
South Carolina

THE CHRONICLE OF HIGHER EDUCATION – OVERWHELMED - 2020



- “The number of students screening positive for anxiety has jumped to 31 percent from 17 percent in just six years”
- The percentage of students screening positive for depression has increased from 8 percent to 18 percent from 2009 to 2019
- “One in three students reports having a mental-health disorder. One in four has taken psychiatric medication in the past year, compared with one in six or seven in 2009.”
- Almost one third of students have sought counseling
- “The number of students showing up to campus counseling centers jumped by an average of 30 to 40 percent between 2009 and 2015, according to the Center for Collegiate Mental Health. That’s five to six times the increase in enrollment at those institutions over the same period.”

https://www.aucccd.org/assets/documents/StatementsPressReleases/MentalHealth_v6_Interactive.pdf

RECOMMENDATIONS

- Training faculty and staff members as gatekeepers who can spot students in distress and ask them the right questions
- Triage system or Stepped Care to direct flow to different resources
- Single Sessions
- Group Therapy and Workshops
- Peer-support communities
- Assistance in providing community referrals to students
- Teletherapy/Telepsychiatry
- Outreach

GATEKEEPER TRAINING/SAFETY NET DEVELOPMENT

The Mental Health Initiatives area of UHS offers:

- Suicide Prevention Gatekeeper Training (in-person & virtual)
- Recognizing and Responding training: from 1 hour workshops to Mental Health First Aid
- Mental Health & Well-being Competency certificate for faculty with CTE
 - Student equivalent Together We Can certificate
- Kognito online simulation training
- How to Fail & Resiliency Project trainings
- Hear Me Out mental health and resiliency podcast
- Mental Health Ambassadors; supporting student MH groups

SUICIDE PREVENTION GATEKEEPER TRAINING

Learn how to lend a hand.



Virtual Trainings	
January 28 10 a.m. - 12:30 p.m.	February 25 10 a.m. - 12:30 p.m.
March 16 1 - 3:30 p.m.	April 6 10 a.m. - 12:30 p.m.

In Person Trainings	
February 9 10 a.m. - 12:30 p.m.	April 22 10 a.m. - 12:30 p.m.

You can join us in preventing suicide by attending one of our gatekeeper trainings. Suicide is one of the leading causes of death in the college student population; however, it is one of the most preventable forms of death.

Follow the QR code to sign up for the training.

 **University Health Services**
University of South Carolina



HOW CAN COUNSELING & PSYCHIATRY HELP YOU?

We offer a variety of appointment types to match your needs.

EMERGENCIES

If you are experiencing a life-threatening emergency, please call 911 or go to the nearest emergency room.

Mental health services are available 24/7 to UofSC students who are in distress. Call 803-777-5223 at any time to receive direct support, be referred to immediate help or if you're concerned about a student.

sc.edu/mentalhealth
Mon.-Fri., 8 a.m.-5 p.m. (subject to change)

 @UofSC_UHS  UofSCuhs  @UofSC_UHS

 **University Health Services**
University of South Carolina

An Accredited Patient-Centered Medical Home

sc.edu/mentalhealth

“I’D LIKE TO START RECEIVING ONGOING MENTAL HEALTH SERVICES”

Initial Consultation

- I’m here to see how counseling can help me
- I want to see if medications could be helpful

Appointment online at sc.edu/myhealthspace

“AM I THE ONLY ONE FEELING THIS WAY?”

Group Counseling

- I want to learn skills to cope with my anxiety, depression or eating concern
- I’d like to meet others who have similar concerns

Sign up for groups at sc.edu/myhealthspace

“COULD MEDICATIONS HELP ME?”

Psychiatry Appointment

- I want to talk about options
- I’m taking ADD/ADHD meds and have questions
- What if I think my medication needs to change?

Students are referred after completing an Initial Consultation Appointment. Call 803-777-1833 to inquire about appointments.

“ARE THERE ANY ONLINE OPTIONS I CAN USE?”

Online Support

- I’d like to see a therapist online (TAO)
- How can I help others? (Kognito)
- How do I know I need help? (ISP)

Visit our Online Services webpage to learn more: tinyurl.com/UHSONline

“HOW DO I LEARN ABOUT SELF CARE?”

Wellness Coaching

- I’d like to learn how to meditate to reduce stress
- I want to get coached about my health habits
- How can I manage my stress better?

Appointment online at sc.edu/myhealthspace

“I NEED TO SEE SOMEONE TODAY.”

Same Day Appointments

- I need to talk to someone urgently
- I’m not sure I can keep myself safe
- Something terrible has happened to me recently
- Things are becoming unmanageable

Appointments online at sc.edu/myhealthspace or walk-ins from 12-4 p.m., Mon-Fri.

GROUPS/WORKSHOPS

- COPE (Cognitive-Behavioral Therapy)
- Thrive (Dialectical Behavioral Therapy)
- Taming Your Worry
- Motivation, Procrastination, Focus and Other Academic Challenges in the Virtual Classroom
- Overcoming Social Anxiety
- Calming Panic Attacks
- Stronger Together
- T-Time
- Grief Support Group
- Queer Support Group
- BlackSpace
- Mood and Food
- Losing Doubt
- Mindful Eating
- Interpersonal Process Groups
- Trauma 101



PEER SUPPORT AND COMMUNITY OUTREACH



- Black Space
- Cuts and Conversations
- Mental Health Ambassadors
- Embedded counselors

COMMUNITY REFERRAL ASSISTANCE

University of South Carolina Help Guide

Near 1409 Devine Street, Columbia, SC 29208 change

Meeting Options

Offers in-person sessions

Telehealth Options

Include Statewide Telehealth Results

Practice Areas

Addiction

ADHD

Adoption related issues

Alcohol Misuse or Abuse

Anger management

[show all \(76\)](#)

Insurances

1199SEIU

Aetna


Aetna Student Health


Affinity Health Plan


Allegiance

[show all \(173\)](#)

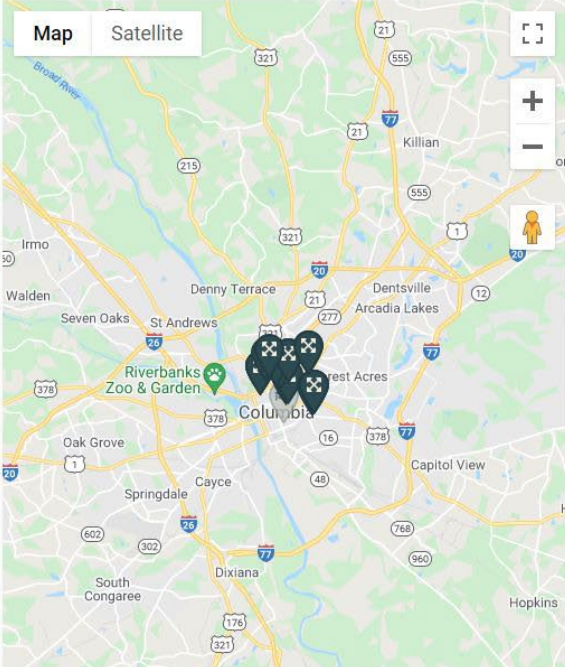
Apply

 **Sarah Hall**
Licensed Professional Counselor
Columbia, SC
Anger management, Anxiety, Bod...
0.60 mi

 **Ashton Tisdale**
Clinical Social Work/Therapist
Columbia, SC
Addiction, Alcohol Misuse or A...
American Behavioral, Blue Cros...
0.64 mi

 **Scott Fairweather**
Group practice
Columbia, SC
Addiction, Alcohol Misuse or A...
0.80 mi

Map **Satellite**



Map controls: Full screen, Zoom in (+), Zoom out (-), Location pin, Street view.

TELETHERAPY/TELEPSYCHIATRY

- All counseling and psychiatric appointments can be in-person or virtual
- Therapy Assisted Online
- ProtoCall After Hours: Nights and Weekends

- *Coming soon: Supplemental Mental Health service contract: allowing students to be referred to community services at no cost.*

COUNSELING AND PSYCHIATRY



We are located across from Russell House and next to the Center for Health and Well-Being

You are not alone.

It's okay to ask for help.
Your Carolina Community
is here for you.



Counseling & Psychiatry
803-777-5223

National Suicide Prevention Hotline
800-273-8255

Crisis Text Line
Text HELLO to 741741



THANKS!

CLOSING REMARKS

Stephen J. Cutler

Interim Executive Vice President for Academic Affairs and Provost

